

Downtown Lansing Workforce Fall Promotion

AS YOU ARE YOGA

111 East Allegan St.
Lansing, MI 48933
(Next to Famous Taco)

282-7662

www.asyouareyoga.com

Work downtown Lansing? Have we got a treat for you!

Come relax and unwind at



As You Are Yoga

Treat yourself to health and bliss during our limited fall promotion

Purchase a 10-class punch card for only \$66!

Gain strength! Loose Weight! Beat Stress! Reduce pain and fatigue!

We Offer:

A.M. and Early Bird Yoga (great for beginners)

Ashtanga Yoga

Awesome Abs and Better Backs

Hatha Yoga (great for beginners)

Hot Yoga (NEW)

Power Flow Yoga

Restorative Yoga (great for beginners)

Morning, lunchtime, afternoon, evening and weekend classes

**Just mention that you work downtown Lansing to receive this offer*

Not Valid for Belly Dance or children's yoga classes

Valid October 1–December 15, 2007